



What to Bring to Your FASD Diagnostic Appointment

Bring as much information as you can. Here is a helpful checklist of some of the information to bring to your doctor visits:

- € History of birth mom alcohol use if possible
- € Any medical history of birth mom
- € Photos of birth mom and father (especially facial photos)
- € Birth records and medical records of your child's physical exams, including documented physical growth and development
- € Medical documentation of any surgeries or physical rehabilitation your child has had
- € Medical documentation of health problems such as hearing or vision problems, muscle weakness or seizures
- € Medical documentation of potential central nervous system problems (i.e. unexplained outbursts, inability to concentrate or stay on task, developmental delays or other daily behaviors you have observed)
- € Results of neuropsychological tests or school assessments, especially those that assess nonverbal skills
- € School records that document academic progress and problems; IEPs (Individual Education Plans) if the child is an appropriate age for this and has one
- € Facial photos of child, ideally from birth through present (need neutral expression; no smile, no glasses)