Since 1998, MOFAS has been the hub of hope for families affected by Fetal Alcohol Spectrum Disorders (FASD), guiding and supporting families through their FASD journey. MOFAS is the leading voice and resource on FASD statewide, standing up for the rights of the FASD community, providing education and training so FASD is better understood and working to ensure that all women know that there is no safe level of alcohol use during pregnancy.

FASD is common, costly, and preventable

- FASD is caused by alcohol use during pregnancy.
- FASD is common. About 1 in 10 pregnant women report alcohol use. In Minnesota, that means more than 7,061 babies are born each year with prenatal alcohol exposure (PAE).[7]
- FASD is costly. Estimated cost to Minnesota is $131 million annually for Fetal Alcohol Syndrome (FAS) for education, juvenile justice, medical and mental health services.[8]
- FASD is preventable. There is no cure, but it is 100% preventable.

$2.0 Million

the estimated cost for each individual with an FASD over the course of their lifetime.[9]