

Y A C

Y o u n g A d u l t C l u b

Support and recreation for young adults living with an FASD (Fetal Alcohol Spectrum Disorder).

Y.A.C. is a skills group for transition age youth (ages 14-25) who have an FASD.

The Y.A.C. group will cover a variety of topics from social skills to communication, money management, meal planning and more.

This is great preparation for young adults transitioning from school to adult life.

**2nd & 4th Sundays
4:30-6:30 p.m.
St. Mary's Star of the Sea
325 East 3rd St.
Duluth**

**Information & Registration:
218-726-4725**



This program is made possible
by a grant from:



Space is limited. Reasonable accommodations available upon request.